

## Short Communication

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# Liquid chromatography and radioimmunoassay method for the determination of prostaglandins E<sub>1</sub> and E<sub>2</sub> in rat embryo incubates

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### ABSTRACT

This paper describes the application of a combined high-performance liquid chromatography and radioimmunological assay method for the measurement of prostaglandins E<sub>1</sub>(PGE<sub>1</sub>) and E<sub>2</sub>(PGE<sub>2</sub>). Samples were acidified to pH 3.15, extracted twice with ethyl acetate and further processed through C<sub>18</sub> solid-phase extraction cartridges. After HPLC purification, PGE<sub>1</sub> and PGE<sub>2</sub> were measured by radioimmunological techniques. The limit of detection for PGE<sub>1</sub> was 3.9 pg/ml and the intra-assay relative standard deviation was 7.8% for  $n = 5$ . The accuracy of the assay procedure was also verified. The method has been applied to the determination of PGE<sub>1</sub> and PGE<sub>2</sub> in embryo incubates from 10-day pregnant rats.

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### INTRODUCTION

Prostaglandin E<sub>1</sub>(PGE<sub>1</sub>) is a physiologically important metabolite of dihomo- $\gamma$ -linolenic acid whose concentrations in human tissues are approximately one quarter of those of arachidonic acid (AA) [1]. PGE<sub>1</sub> has been virtually ignored in the HPLC–radioimmunoassay (RIA) profiling studies reported to date. The reason for such an omission could be that, in practice, PGE<sub>1</sub> is a minor metabolite compared with other AA cyclooxygenase metabolites such as prostaglandin E<sub>2</sub>(PGE<sub>2</sub>), although relatively elevated con-

centrations of up to 16  $\mu$ g/ml PGE<sub>1</sub> have been determined in human seminal plasma [2–3].

In general, papers dealing with the HPLC separation of PGE<sub>1</sub> from other prostanoids are scarce [4], especially when these HPLC methods have to be combined with RIA. Taking this into account, we have evaluated an HPLC–RIA method for concurrent determination of PGE<sub>1</sub> and PGE<sub>2</sub>. This method has been applied to a study of the release of both prostaglandins by 10-day old rat embryos.

### EXPERIMENTAL

#### *Rat embryo incubations*

Pools of three embryos obtained from rats

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after 10 days of pregnancy plus the covering membranes and free of maternal decidua were incubated in Krebs–Ringer–hydrogencarbonate (KBR) solution containing 11.0 mM glucose, in a metabolic shaking bath under an atmosphere of 5% carbon dioxide in 95% oxygen [5]. After 60 min of incubation, the incubating medium was recovered and acidified to pH 3.15 with 1 M hydrochloric acid. Finally, the prostaglandins were extracted three times with 2 ml of ethyl acetate and subsequently evaporated to dryness under a helium stream. Samples were stored at  $-80^{\circ}\text{C}$  until assay.

#### Analyses of prostanoids

*C<sub>18</sub> Solid phase extraction.* Dried ethyl acetate residues were resuspended in saline and acidified to pH 3.15 with 1 M hydrochloric acid. Following this, the samples were processed through C<sub>18</sub> solid-phase extraction cartridges, as previously described [6]. Briefly, the cartridges were washed with 10 ml of acidified water (pH 3.15) and 20 ml of light petroleum ether. The prostaglandins were finally eluted with 4.5 ml of methyl formate, which was evaporated to dryness. Dried residues were resuspended in a formic acid/0.04 M triethylamine buffer–acetonitrile mixture (65:35) at pH 3.15 and 200- $\mu\text{l}$  aliquots of this solution were analysed by HPLC.

*High-performance liquid chromatography.* Reversed phase-HPLC separation was performed using two Kontron 414 pumps connected to a Rheodyne 7125 injector and an ODS-2 column (300  $\times$  3.9 mm I.D.), which was isocratically eluted with formic acid/0.04 M triethylamine–acetonitrile (65:35 at pH 3.15), as previously described [7]. Samples were collected at the retention times previously established for authentic standards of tritiated PGE<sub>1</sub> (53.7 Ci/mmol) and PGE<sub>2</sub> (184 Ci/mmol) by a Ray Test Ramona (Issomess, Strabenhardt, Germany) radioactivity detector coupled to the HPLC column. Collected eluates were lyophilized and redissolved in 100 mM Tris–HCl buffer pH 7.4 for subsequent radioimmunological assay.

*Radioimmunological assay.* PGE<sub>1</sub> and PGE<sub>2</sub> were measured in duplicate using specific rabbit antisera from the Pasteur Institute (Marnes La Coquette, Paris, France). Cross-reactivities of

PGE<sub>1</sub> antiserum with other prostaglandins were as follows: 6-keto-PGF<sub>1 $\alpha$</sub> , 0.010%; thromboxane B<sub>2</sub>, 0.010%; PGE<sub>2</sub>, 15%; and PGD<sub>2</sub>, 0.10%. Immunoassays for PGE<sub>1</sub> were performed with tritiated PGE<sub>1</sub> as radioligand (24  $\mu\text{g}$ , 40.7 Ci/mmol) and the above-mentioned antiserum at a final dilution of 1:44. A standard curve was prepared with authentic PGE<sub>1</sub> from 1.9 to 500  $\mu\text{g}$  (nine points) diluted in 100 mM Tris–HCl buffer pH 7.4. HPLC eluates were taken up in 250  $\mu\text{l}$  of buffer and the assays were carried out with 100- $\mu\text{l}$  aliquots. In all cases, the samples and standards were incubated with a mixture of antisera and known tritiated standard at 4 $^{\circ}\text{C}$  for 24 h. After incubation, prostaglandins were adsorbed in dextran-coated charcoal and the tritium remaining in supernatants was counted on an LKB1217 Racbeta (LKB, Turku, Finland). The unknowns were compared with a standard curve in which the logarithm of the concentration was plotted against the logit of  $B/B_0$  values [the proportion of tracer bound ( $B$ ) expressed as a percentage of tracer in the zero standard ( $B_0$ )]. Cross-reactivities of PGE<sub>2</sub> antiserum were 15% for PGE<sub>1</sub> and lesser than 0.01% for TXB<sub>2</sub>, 6-keto PGF<sub>1 $\alpha$</sub>  and PGD<sub>2</sub>. The radioimmunoassay for PGE<sub>2</sub> was performed as previously described [5,6].

#### RESULTS AND DISCUSSION

Fig. 1 shows the complete separation of tritiated 6-keto prostaglandin F<sub>1 $\alpha$</sub> , thromboxane B<sub>2</sub>, prostaglandin E<sub>2</sub> and prostaglandin E<sub>1</sub> accomplished within 16 min. Under these experimental conditions prostaglandin D<sub>2</sub> practically co-elutes with PGE<sub>1</sub> (data not shown) [8]. The high volatility of the mixture of formic acid/0.04 M triethylamine–acetonitrile (65:35 at pH 3.15) facilitates the lyophilization and subsequent radioimmunological assay of both prostaglandins in the same HPLC fraction [8]. This is made possible by the high specificity of the PGE<sub>1</sub> antiserum as its cross-reactivity with PGD<sub>2</sub> is less than 0.10%. This HPLC separation has been routinely employed in our laboratory for simultaneous HPLC–RIA determination of series 2 prostanoids in human urine [9]. The method herein described could also be very useful for the

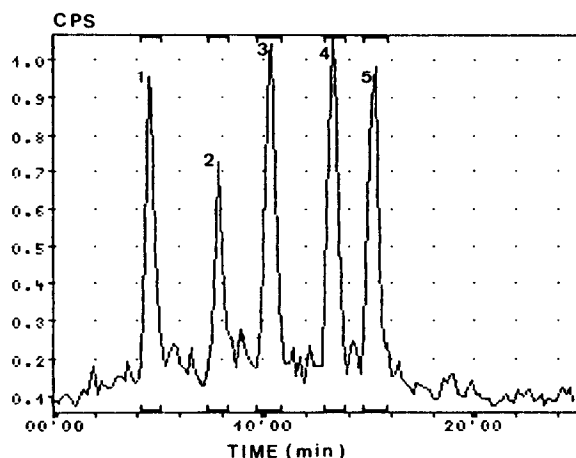


Fig. 1. Typical radiochromatography profile obtained with standards of tritiated 6-keto prostaglandin  $F_{1\alpha}$  (1), thromboxane  $B_2$  (2), prostaglandin  $F_{2\alpha}$  (3), prostaglandin  $E_2$  (4) and prostaglandin  $E_1$  (5). The HPLC column was an ODS-2, 30 cm  $\times$  3.9 mm I.D. column eluted isocratically with formic acid/0.04 M triethylamine buffer–acetonitrile (65:35) pH 3.15. Flow-rate was 1 ml/min. Heavy bars in the abscissa define the collection time window set for this study.

concurrent analysis of urinary  $PGE_1$  and  $PGE_2$ , especially in biomedical studies in which seminal contamination must be discounted [10]. It is known that  $PGE_1$  and  $PGE_2$  are major components of seminal plasma [11].

Overall recoveries obtained for tritiated  $PGE_1$  and  $PGE_2$  after ethyl acetate,  $C_{18}$  solid phase extractions and HPLC purification were higher than 65% for each prostaglandin.

The limit of detection of the assay for  $PGE_1$  was ca. 3.9 pg/ml, as determined by the amount of standard displacing 10% of the bound radioactivity and by the mean plus two standard deviations of the ten zero-standards. The intra-assay variation coefficient established for five consecutive measurements was 7.8%. Biological samples in this study were assayed within the same analysis.

To test the accuracy of the procedure, HPLC aliquots of  $PGE_1$  eluates collected from extracted incubates were enriched with known amounts of  $PGE_1$  (3.9–125 pg). As shown in Fig. 2, a close linear correlation was established between the added and measured amounts of  $PGE_1$  ( $r = 0.9974$ , slope = 0.978). Also, as indicated in Table I, the parallelism test using

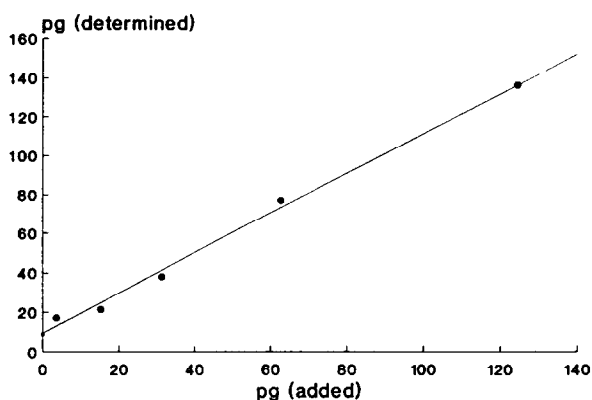


Fig. 2. Correlation plots of RIA  $PGE_1$  values obtained from HPLC aliquots of extracted and supplemented incubate pools.

serially diluted aliquots of biological samples subjected to the whole procedure (liquid–liquid extraction,  $C_{18}$  solid-phase extraction, HPLC and RIA) gave good correlations for both series of samples ( $r = 0.9953$ , slope = 0.973).

The method has been applied to the determination of  $PGE_2$  and  $PGE_1$  levels in rat incubates, as shown in Fig. 3. These data reveal that the  $PGE_2$  production in rat embryos is about four times higher than that of  $PGE_1$ , and also confirm the suitability of the assay when both prostaglandins must be measured by liquid chromatography combined with radioimmunoassay.

In conclusion, the HPLC–RIA techniques described herein; provide a specific, sensitive

TABLE I

SERIAL DILUTION OF A POOL OF EMBRYO INCUBATES SUBJECTED TO RIA. RESULTS FOR  $PGE_1$  VALUES EXPRESSED AS pg/ml

Regression line:  $n = 5$ ,  $r = 0.9953$ , slope = 0.973.

| Dilution | Blank incubates |          |
|----------|-----------------|----------|
|          | Measured        | Expected |
| 1:1      | 291.3           | —        |
| 1:2      | 147.1           | 145.6    |
| 1:4      | 85.9            | 72.8     |
| 1:8      | 42.4            | 36.4     |
| 1:16     | 18.8            | 18.2     |
| 1:32     | 8.6             | 9.1      |

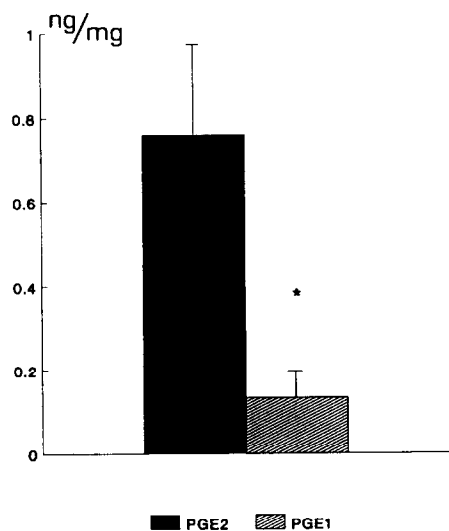


Fig. 3. PGE<sub>1</sub> and PGE<sub>2</sub> levels (ng per mg of protein) in rate embryo incubates ( $n = 5$ ). \* $P < 0.05$  (Student's  $t$ -test).

and accurate method for PGE<sub>1</sub> assay in biological samples. The method could be useful for studying the relevance of PGE<sub>2</sub> and PGE<sub>1</sub> in relation to alterations of glucose metabolism in embryo and uterus from diabetic rats.

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